

ENTRANCE ANTIPHON (or a hymn) O sing a new song to the Lord, for he has worked wonders; in the sight of the nations he has shown his deliverance, alleluia.

RESPONSORIAL PSALM (Ps 32)

ANTIPHON: Lord, let your mercy be on us, as we place our trust in you.

RESPONSE: Lord, let your mercy be on us, as we place our trust in you.

Or

Alleluia.

LECTOR: Ring out your joy to the Lord, O you just; for praise is fitting for loyal hearts. Give thanks to the Lord upon the harp, with a ten-stringed lute sing him songs. **R.**

LECTOR: For the word of the Lord is faithful and all his works to be trusted. The Lord loves justice and right and fills the earth with his love. **R.**

LECTOR: The Lord looks on those who revere him, on those who hope in his love, to rescue their souls from death, to keep them alive in famine. **R.**

GOSPEL ACCLAMATION Alleluia, alleluia! I am the way, the truth, and the life, says the Lord; no one comes to the Father, except through me. Alleluia!

COMMUNION ANTIPHON (or a hymn) I am the true vine and you are the branches, says the Lord. Whoever remains in me, and I in him, bears fruit in plenty, alleluia.

TODAY'S READINGS Acts 6:1-7; 1 Peter 2:4-9; John 14:1-12.

NEXT WEEK (6th Sunday Easter, Year A) Acts 8:5-8, 14-17; Ps 65; 1 Peter 3:15-18; John 14:15-21.

Figuring out Families

It's in the family we learn the skills of living together. We first learn that we are loved, understood, wanted and cared for, and in most cases, it's in the family we are formed to be who we are. But our biggest hurts, failures and tragedies can also occur within the family. A new podcast series, Figuring out Families, looks at the issues facing families today. Produced by Majellan Media, experts in a variety of fields are interviewed about the specific issues and type of assistance that is available to wounded families. The podcasts are now available at www.majellan.media

Filling our hearts with joy



10 May 2020 5th Sunday Easter Year A

Easter is a season of joy. We rejoice because our Lord has risen. We rejoice in his gift to us of ever lasting life. He is the Lord of life as he states in today's gospel. He is the Way, the Truth and the Life.

The Good Friday experience led the disciples to believe that there was no hope and joy. Jesus' death on the cross signalled the end of their discipleship journey with him. The messiah whom John the Baptist had proclaimed was no more. His passion, crucifixion and death left the disciples bewildered and uncertain.

In this situation, God seems to be absent. Jesus comforts us by saying "do not let your hearts be troubled". Life sometimes is very tough, and Jesus never promises us life without troubles. But Jesus wants us to have an untroubled heart even when we are in a difficult situation. Jesus calls us to have faith in him; "trust in God still, and trust in me".

Faith can keep our heart at peace. It gives us confidence knowing that we have Jesus in whom we can trust and on whom we can rely on in life. These are not mere labels given to Him. Jesus took the way of the cross to show us the truth that God loves us.

Jesus gave his life for us, opening the door to new life for us. Jesus is the Way and without him there is no going. Jesus is the Truth because without him there is no

knowing. Jesus is the Life because without him there is no living.

Today, the Internet is one of the things we rely on in life. It allows us to access google, and to find answers to numerous questions. The Internet can also become the way to find direction, the truth to get answers, and the way to make life more enjoyable.

Do we still trust Jesus Christ as the Way, the Truth and the Life? As disciples of Jesus in this millennial world, let us remember that we have good reason not to be troubled. Jesus invites us to stay united with Him, be conformed to him in self-giving love and to follow his example of humility and generous love for others. Following him, learning from him, we, like him, will be able to endure our cross in life, and so share in his new life.

Once we encounter the Lord, receive his Word of life and believe in Him, the Lord will put his joy into our hearts and it will remain with us. Pope Francis reminds us that "With Christ joy is constantly born anew" (EG 1). With Christ, our heart is always full of joy.